

BERTIE COUNTY FOOD ASSISTANCE RESOURCE GUIDE Existing Food Pantries

Good Shepherd Food Pantry

Phone: 252-370-0324

1008 N. King St, Windsor, NC 27983

• 2^{nd} & 3^{rd} Saturday of the month 11:30-3:30

Mt. Olive Baptist Church

Phone: 252-348-2644

246 Governors Rd, Windsor, NC 27983

- Tuesday & Friday 11:15-12:15
- Last Thursday of the month 8:00-12:00

Askewville Community Food Pantry

Phone: 252-325-3467

102 E. Askewville St, Windsor, NC 27983

• 2^{nd} Monday of the month 10:00-12:00

Greater Wynns Grove Church

Phone: 252-256-2371

221 Wynns Grove Church Rd, Colerain, NC 27924

• 3rd Thursday of the month 4:30-6:00

First Baptist Church of Kelford

Phone: 252-217-7802

408 E. Church St, Kelford, NC 27847

• 3rd Monday of the month 3:30-4:30

**Please call the numbers listed with each site to find out more information.

Seniors Meals on Wheels

Congregate Nutrition

This program provides a delicious catered meal that assures 1/3 of the daily recommended dietary allowances. Our meals are at noon Monday through Friday. We have three nutrition sites in Bertie County: Windsor, Aulander, and Colerain. These sites are open from 9:30 a.m. -1:00 p.m. for those 60 and older. A nutrition site manager is present to coordinate activities and distribute meals. Recreation, educational programs and "time to chat" are available for the patrons to enjoy. Each senior is asked to contribute \$1.00 towards the cost of the meal.

Home Delivered Meals

Home delivered meals, better known as "Meals on Wheels", is similar to congregate nutrition, in that it is a well-balanced, catered meal that is delivered to home bound Seniors, aged 60 and older, Monday-Friday. Home Delivered Meals provide a brief visit by a volunteer along with a daily meal. Currently we have two routes within the county. One is located in Windsor and one in Aulander. Colerain has Home Delivered Meals, but family members or caregivers pick up the meals at the nutrition site for the home bound persons. A \$1.00 contribution is asked of each recipient

For more information on these Senior Citizens opportunities please call your local Council on Aging at 252-794-5315.

Commodity Supplemental Food Program (CSFP)

The Commodity Supplemental Food Program (CSFP) serves about 595,000 low-income people each month, and is the only USDA nutrition program that provides monthly food assistance solely targeted at low-income seniors. The program is designed to meet the unique nutritional needs of participants by supplementing diets with a monthly package of healthy, nutritious USDA commodities. With one in 12 households with seniors at risk of hunger nationwide, CSFP prevents vulnerable seniors from having to choose between food and other basic needs.

CSFP is a discretionary program funded each year through the federal appropriations process so the program may only serve as many eligible participants as funding allows. CSFP provides USDA commodities and administrative funds to States, which in turn store and transport the food to local agencies for distribution to low-income clients. While most participants either pick up their monthly CSFP food package at a food bank or other local sponsor or have a designee who is authorized to pick up their food package pick it up for them, some communities deliver the food package directly to the participant's home, an important program feature for seniors with limited mobility.

Food Bank of the Albemarle is currently delivering a total of 2,880 CSFP boxes monthly in Bertie County.

Contact CSFP Manager Dawn Blowe at 252-312-6213 for more information.

For more information you can visit the CSFP web site at http://www.fns.usda.gov/fdd/programs/csfp/

Twice a month the location pick up for these meals is the Bertie COA gym and once a month at Lewiston Fire Department

School Backpack Program

On days when school is in session, children have access to the free and reduced food programs provided by the school system. However, on weekends food for these same children may be scarce. To help fill this void, the Food Bank has established relationships with numerous agencies across northeast North Carolina to provide hungry children with much needed, nutritious food items for the weekends. Through the Backpack Program, at the end of the week these children are provided with a bag containing two breakfasts, two lunches and two snacks to ensure they have access to healthy foods over the weekend. This program has been proven to help the children return to school nourished and ready to learn.

*Youth Bertie

Phone: 252-661-5230

PO Box 778 Windsor NC 27983

SCHOOL LUNCHES **R BERTIE**

Aulander, Indian Woods (North section), Kelford, Lewiston, **Roxobel Areas**

Bus No. 239 (Shirley Jones-Hardy)

- Depart West Bertie Elementary School
 - 1. 1006 Harrell's Siding Rd (between Siding Rd & NC Hwy 11)
 - 2. Car Wash on W. Main St (Aulander)

 - 117 Rice Ave (Aulander Park)
 Commerce St. & W. Sycamore St. (old store)
 - 5. Aulander Elementary School

12:45-1:00 - Return to West Bertie Elementary School

Bus No. 222 (Darryl Williams)

- Depart West Bertie Elementary School
 - 1. Blue Jays Baseball Park (Indian Woods Rd)
 - 2. Indian Woods Rd & Short Rd.
 - 3. 152 Weeping Mary Rd. (Weeping Mary Baptist Church Parking Lot)
 - 4. Lewiston Resource Center (W. Main St.)
 - 5. Lewiston Fire Dept. (W Church St)

12:45-1:00 - Return to West Bertie Elementary School

Bus No. 249 (Bobby Lee)

- Depart West Bertie Elementary School
 - 1. Baker's Peanut Store (Main St, Roxobel)
 - 2. Roxobel Car Wash (Hwy 305)
 - 3. Kelford Park
 - 4. Ruth Bell Daycare (Piney Woods Rd.)

12:45-1:00 - Return to West Bertie Elementary School

Bus No. 238 (Lateasha Watson)

Depart West Bertie Elementary School

- 1. Johnny Mack TP, PGR TP (John B. Bond Gate)
- 2. Jack Branch Rd. & Veale Field Rd.
- 3. Mt. Olive Church (Mt. Olive Rd)
- 4. Republican Baptist Church (Old store on corner)
- 5. Mt. Airy Baptist Church (Cow Track Rd)

12:55-1:10 - Return to West Bertie Elementary School

Colerain, Perrytown, Powellsville, NC 45 Hwy N Areas

Bus No. 243 (Adrian Holley)

- Depart Colerain Elementary School
 - 1. Center Grove Rd & Dailey Rd
 - 2. Red Apple Gas Station (Powellsville)

- 3. Old C G White Elementary School
- 4. The Trap (NC 42 Hwy & Quebec Rd)
- 5. Simon Farm Rd.
- 6. Holly Grove Baptist Church (Glover's Cross Rd)
- 1:05-1:15 Return to Colerain Elementary School

Bus No. 248 (Ruth Baker)

- · Depart Colerain Elementary School
 - 1. Long Branch Rd.
 - 2. NC 45 Hwy N & Mt. Gould River Rd
 - 3. NC 45 Hwy N & Ashland Church Rd (Ashland Baptist Church)
 - 4. Jeff White Rd & Black Rock Store (Oxon Hill Church)
- 12:30-1:00 Return to Colerain Elementary School

Bus No. 247 (Rosalyn Perry)

- · Depart Colerain Elementary School
 - 1. NC 42 Hwy (Thompson Trailer Pk)
 - 2. Meadow Rd & Fairfax Ln (Fairfax Ln Trailer Pk)
 - 3. Meadow Rd & Pioneer Ave (Pioneer Trailer Pk)
 - 4. Perrytown Rd (Clyde's Lounge)
 - 5. Perrytown Rd (Perrytown Store)
- 12:45-1:00 Return to Colerain Elementary School

Indian Woods (south section), Town of Windsor, US 13-17 Hwy S, Grabtown Rd, Cooper Hill Rd Areas

Bus No. 233 (Alice Bond)

- Depart Windsor Elementary School
 - 1. Cooper Hill Rd Trailer Pk (at curve in rd.)
 - 2. Cooper Hill Rd & St. Luke Church Rd (St. Luke's Church)
 - 3. Sans Souci Rd (Old J P Law School)
 - 4. 444 Old US 17 Hwy N (Green's Cross Baptist Church)
 - 5. Timber Ln & Hale St
- 12:50-1:00 Return to Windsor Elementary School

Bus No. 209 (Lorraine Ryan)

- Depart Windsor Elementary School

 - Grabtown Rd. & Spivey Ln.
 Grabtown Rd & Beacon Light Church Rd (Beacon Light Church)
 - 3. 2330 Indian Woods Rd. (Indian Woods Baptist Church)
 - 4. Indian Woods Rd & Coniotte Rd
- 12:40-1:00 Return to Windsor Elementary School

Bus No. 214 (Tiki Cherry)

- Depart Windsor Elementary School
 - 1. N. King St. (Old Robertson Store)
 - 2. 127 N. King St. (Bunn's Barbeque Restaurant)
 - 3. 1102 N. King St. (YMCA)
 - 4. 106 N Queen St (Afterschool Bells Daycare)
 - 5. 310 W. Granville St (Windsor Jumpin' Jacks Daycare)
- 12:45-1:00 Return to Windsor Elementary School

Bus No. 232 (Jamie Outlaw)

- Depart Windsor Elementary School
 - 1. 409 W. Granville St. (Martin Comm. College located in Old Belo Store)
 - 2. Windsor Oaks
 - 3. 548 US 13-17 Hwy S (Kiddie World Daycare)
 - 4. Center Rd.
 - 5. Cashie Convention Ctr. Parking Lot (Spruill Park Trailer Park)

12:55-1:00 - Return to Windsor Elementary School

Governor's Rd (Windsor area), Woodard Rd, Morning Rd., Cedar Landing Rd., Askewville, Hoggard Mill Rd, Connaritsa Rd, Hexlena Rd, US 13 N, and NC 305 Areas

Bus No. 234 - (Marteisha Chamblee)

Depart Bertie Middle School

- 1. Governor's Rd & Republican Rd (Bazemore Temple Church)
- 2. 819 Governor's Rd (Bertie Early College Parking Lot)
- 3. Governor's Rd & Tonys Ln (Tim Bazemore TP)

4. Governor's Rd & Mebane Cir (Mebane TP)

12:40-1:00 - Return to Bertie Middle School

Bus No. 241 - (Ervin Bond)

Depart Bertie Middle School

- 1. 212 Connaritsa Rd (Luella Baptist Church Parking Lot)
- 2. NC Hwy 11 N. & Clarence Nowell Rd
- 3. Connaritsa Rd (New Flavor Restaurant Parking Lot)
- 4. 505 NC 305 Hwy (Evening Light Church)

12:40-1:00 - Return to Bertie Middle School

Bus No. 244 - (Linda Herring)

Depart Bertie Middle School

- 1. US 13 Hwy N. (Piney Wood Chapel Church Parking Lot)
- 2. Hexlena Rd & Kelly Park Ln (Kelly Park Ln TP)
- 3. Hexlena Rd & Sumner Rd (Sumner Rd TP)
- 4. Brickmill Rd & Early Station Rd (Dove Ln)

12:40-1:00 - Return to Bertie Middle School

Bus No. 221 - (Theresa Pugh)

Depart Bertie Middle School

- 1. Woodard Rd. & Cypress Ln/Field Ln
- 2. Woodard Rd. & Cardinal Ln
- 3. 323 Morning Rd. (Peterson Grove Baptist Church Parking Lot)
- 4. 146 Cedar Landing Rd (Cedar Landing Baptist Church Parking Lot)
- 5. US 13-17 Hwy S & Angle Ln (Angle Ln TP)

1:00-1:10 - Return to Bertie Middle School

Bus No. 212 - (Delcia Williams)

Depart Bertie Middle School

- 1. 121 E. Askewville St (Askewville PreK Parking Lot)
- 2. 1020 Bull Hill Rd (Ross Baptist Church Parking Lot)

3. Hoggard Mill Rd & Lea Lumber Co Rd (Old Lea Lumber Co Lot)

12:45-1:00 - Return to Bertie Middle School

**Please contact the Bertie County Board of Education for more information 252-794-3173.

**For additional help on any food related issues in Bertie County during the COVID-19 pandemic please call 252-794-6360.