

MOST IMPORTANT POINTS FROM GOVERNOR'S EXECUTIVE ORDER EFFECTIVE
MONDAY, MARCH 30, 2020 AT 5:00 P.M. RESTRICTING MOVEMENTS
OF ALL INDIVIDUALS LIVING IN NORTH CAROLINA

The Order urges North Carolina residents:

1. Not to go to work unless you are providing essential services as defined by this Order
2. Not to visit friends and family if there is no urgent need
3. Not to maintain less than 6 feet of distance from others when you go out
4. Not to visit loved ones in the hospital, nursing home, skilled nursing facility or other residential care facility, except for limited exceptions as provided on the facility websites
5. Not to travel except for essential travel and activities

There is no curfew, but this order directs all North Carolina residents to shelter at home and limit movements outside of their homes beyond essential needs and for those providing essential services:

The Governor has defined Essential Services as the following:

Healthcare, public health, law enforcement, public safety and first responders

Food, beverages, and agriculture

Stores that sell groceries and medicine

Organizations that provide charitable and social services

Energy

Water and wastewater

Transportation and logistics

Public works

Communication and information technology

Media

Gas stations and businesses needed for transportation

Financial institutions and insurance institutions

Hardware and supply stores

Critical trades

Mail, post, shipping, logistics, delivery, and pick-up services

Laundry services

Restaurants for consumption off-premises

Transportation

Home-based care and services

Residential facilities and shelters, including Group Homes

Professional services

Childcare centers

Manufacture, distribution, and supply chain

Hotels and motels

Funeral services

Other community-based government operations and essential functions including human services

Other community-based human service operations

Critical manufacturing

Hazardous materials

The Governor's complete Executive Order may be found at [NCDHHS.gov\divisions\public-health\coronavirus-disease-2019](https://www.ncdhhs.gov/divisions/public-health/coronavirus-disease-2019)